

# OUTSIDE 2025







hikes and rock From day climbing to multi-day treks and mountain expeditions, epic OUTSIDE 2025 is your ultimate guide to adventure—wherever the trails may lead.



Mountain & Rock Climbing

Hiking & Camping



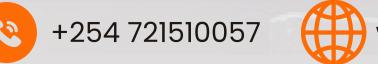
Water Rafting







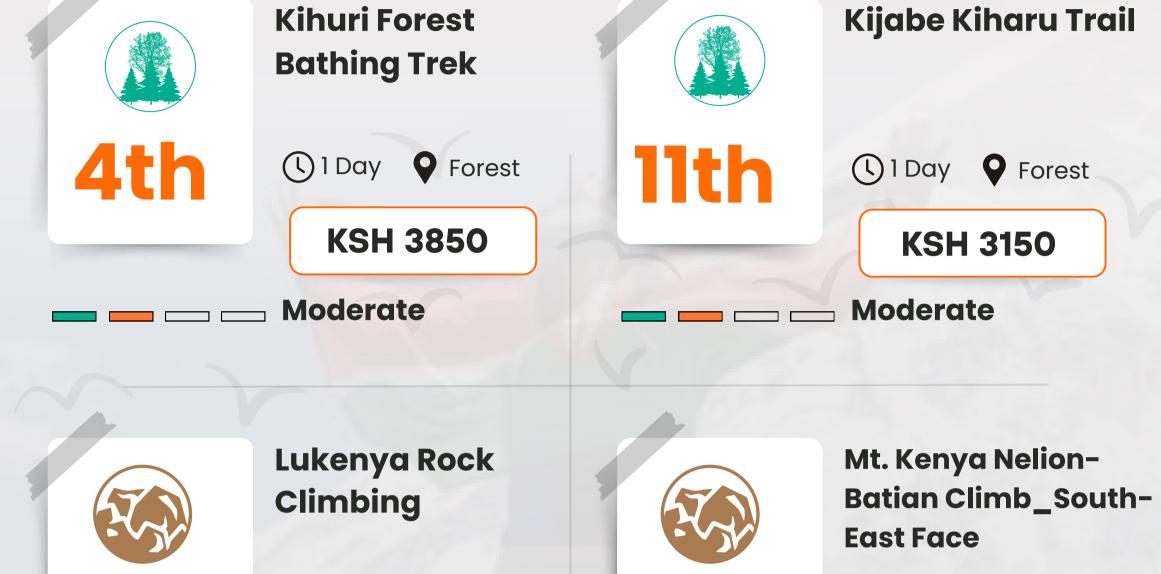




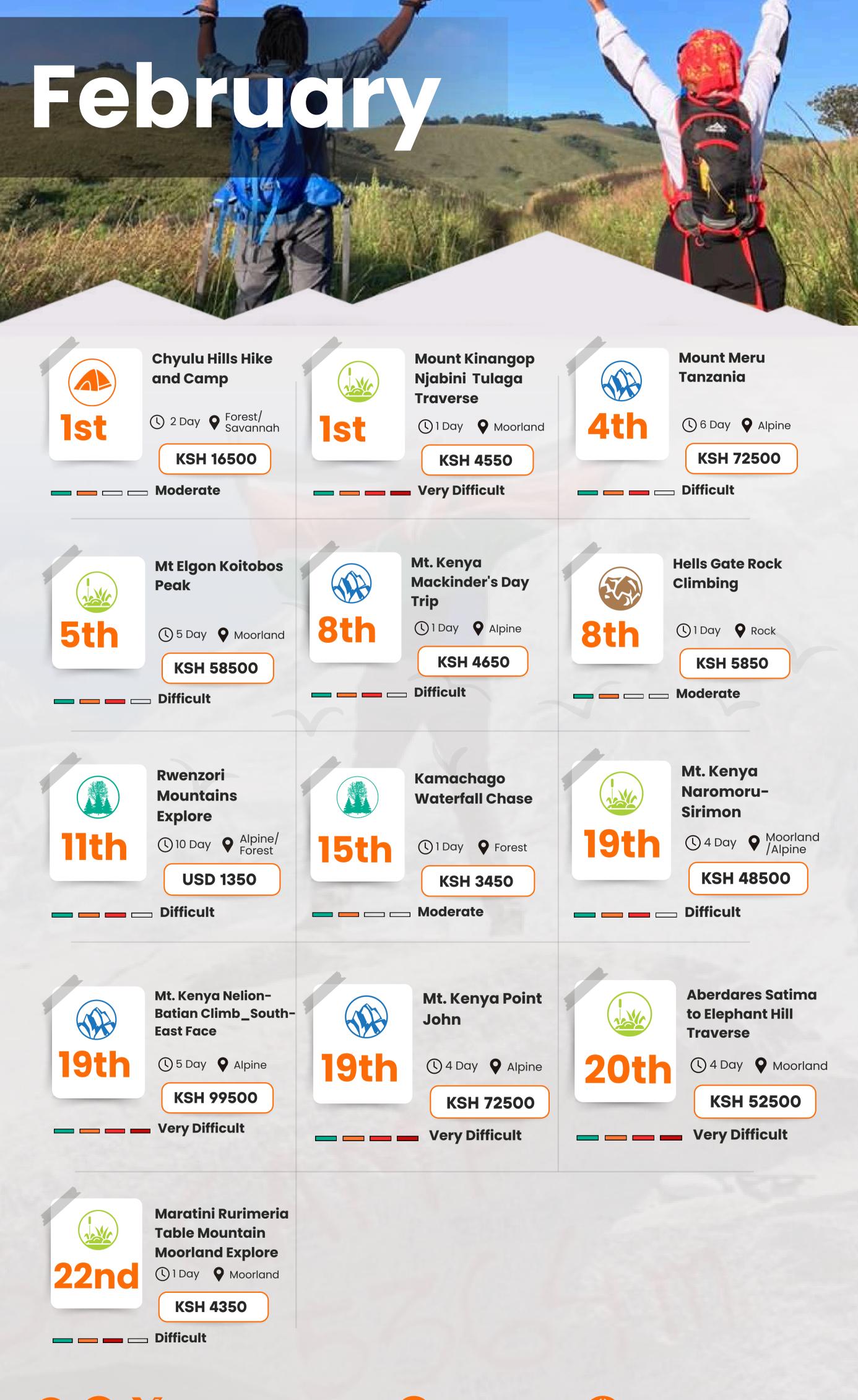
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lith	↓ 1 Day ♀ Rock	15th	🕓 5 Day 🍳 Rock
	KSH 5850		KSH 99500
	<b>Moderate</b>		Very Difficult
	Mt. Kenya Timau_Sirimon		12 Apostles Trail
16th	<ul> <li>♦ Day</li> <li>♥ Alpine</li> <li>KSH 48500</li> </ul>	<b>18th</b>	<ul><li>I Day ♥ Moorland</li><li>KSH 4550</li></ul>
	Difficult		Difficult
	Nyanduma Forest Trail		
25th	●1 Day ● Forest		
	KSH 3150		
	- Easy		
🕑 🔀 @hi	kemaniak	<b>2</b> +254 721510057	www.hikemaniak.co.ke



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	Mount Longindo Hike N Camp	A A A A A A A A A A A A A A A A A A A	Le Satima - Wandare Trail	R	Nzaui Rock Climbing
lst	<ul> <li>2 Day</li> <li>♥ Forest</li> <li>KSH 18500</li> </ul>	1st	<ul><li>Other the second state</li><li>Contraction of the second state</li><li>Moorland</li><li>KSH 4850</li></ul>	lst	<ul> <li>Lay ♀ Rock</li> <li>KSH 3850</li> </ul>
	Difficult		Difficult		- Moderate
	Elephant Hill Trek		Mt. Kenya One day		Eburru Forest Trek-

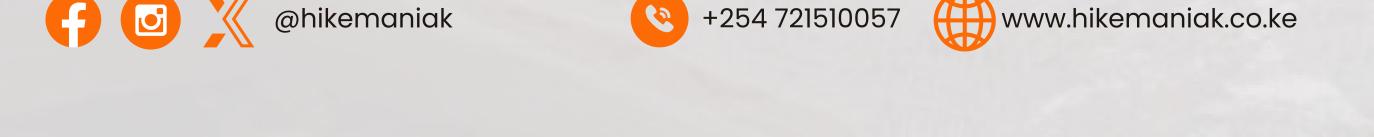






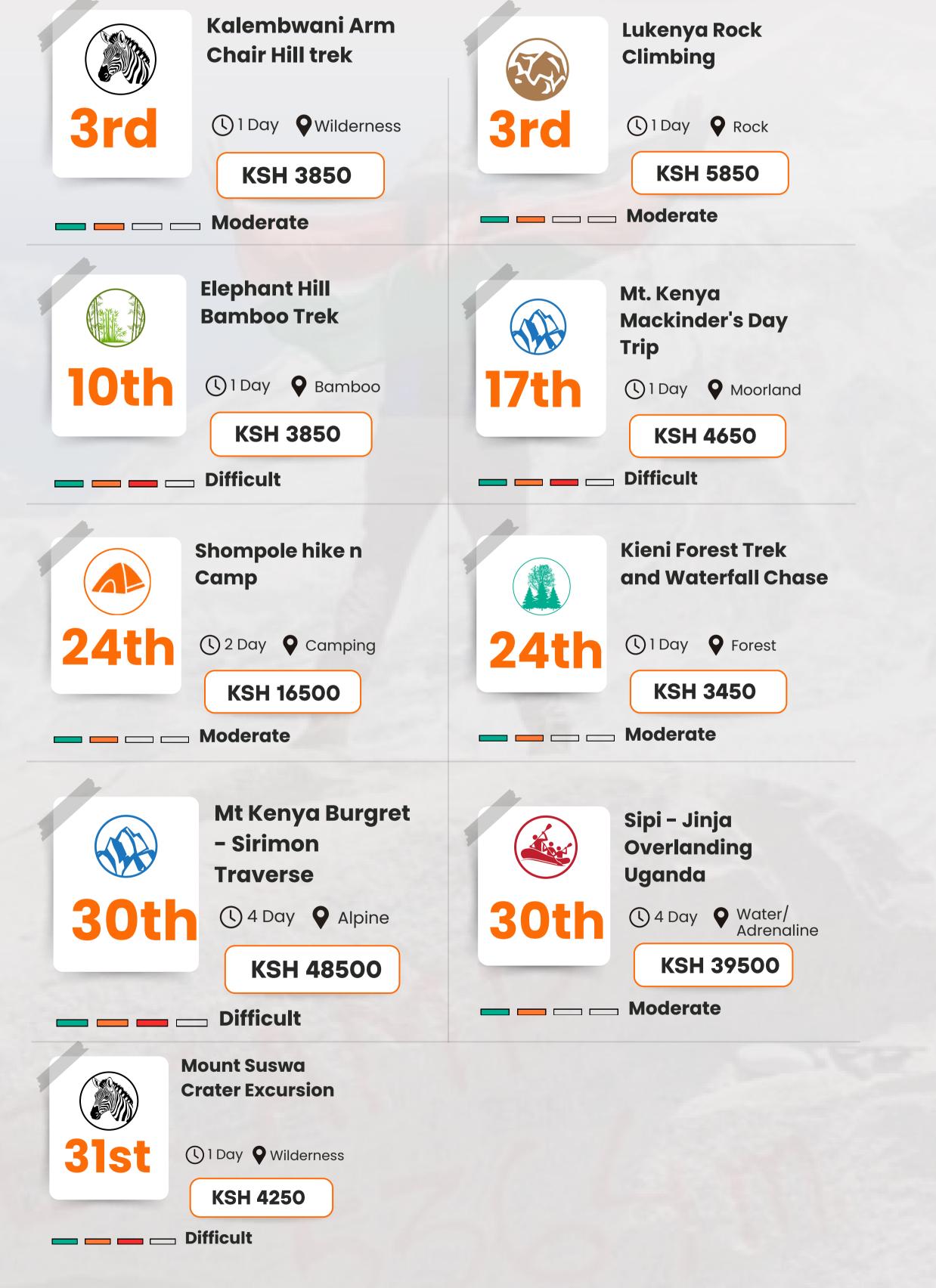






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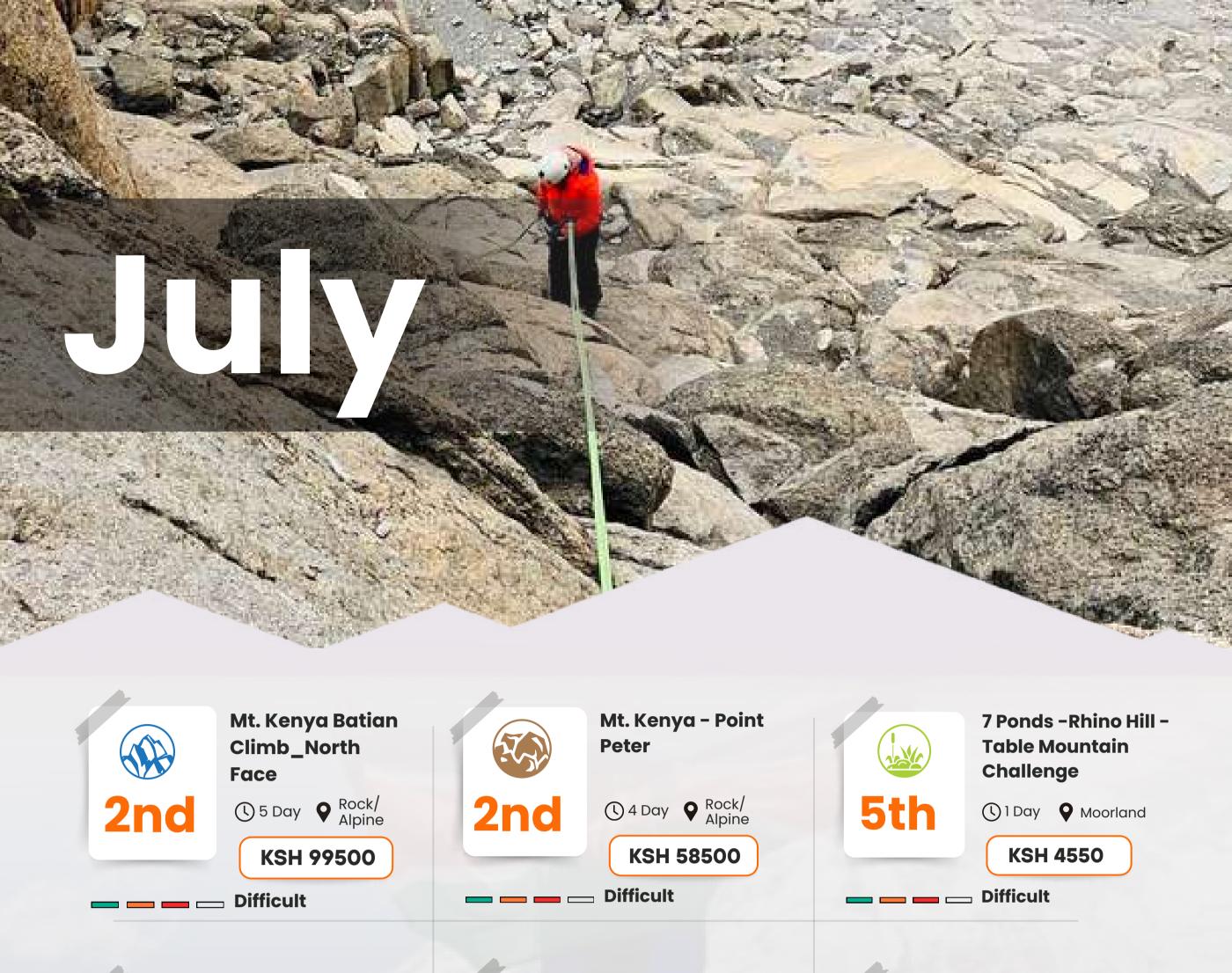




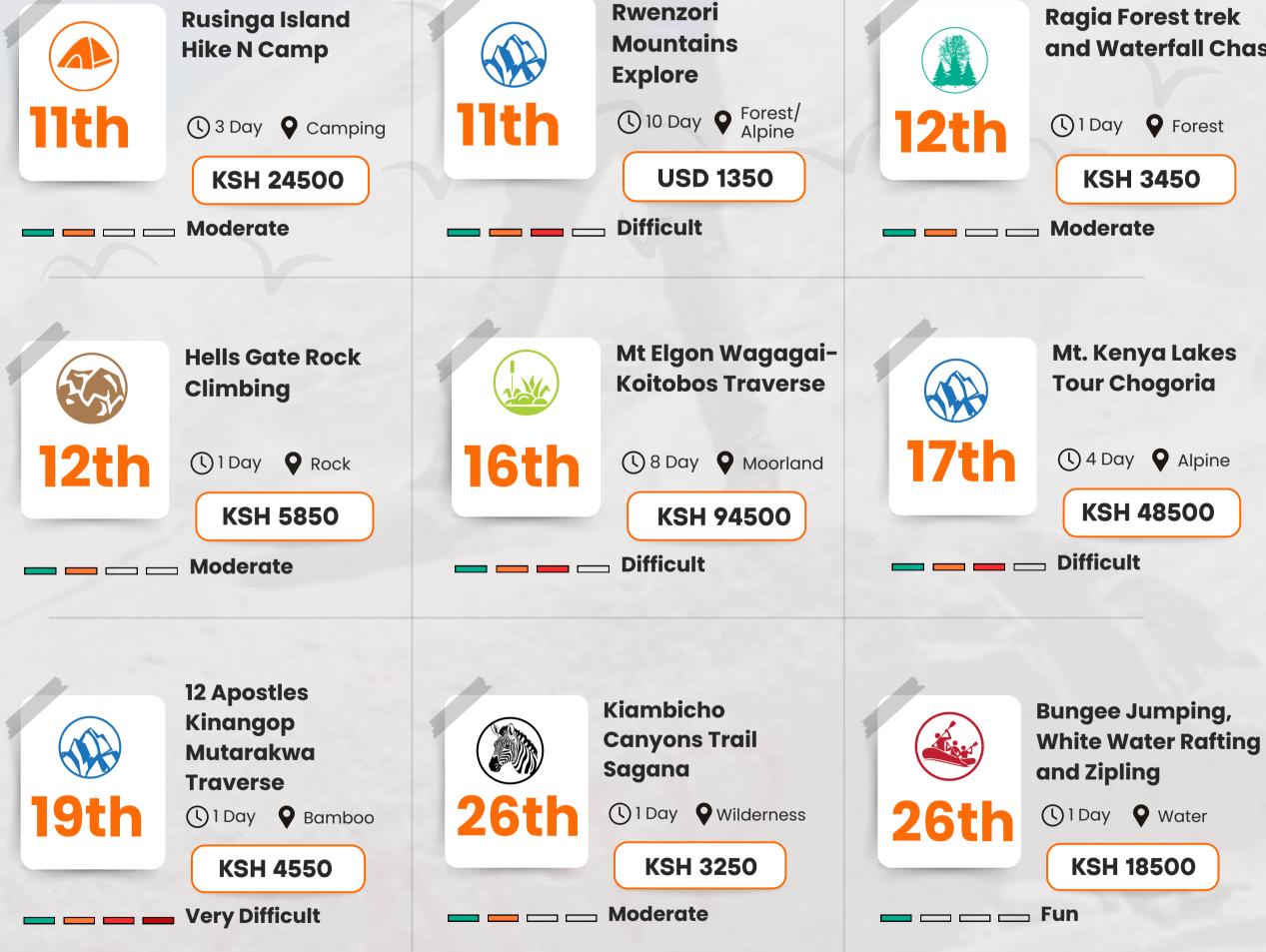
### JUNG







**Hike N Camp** 



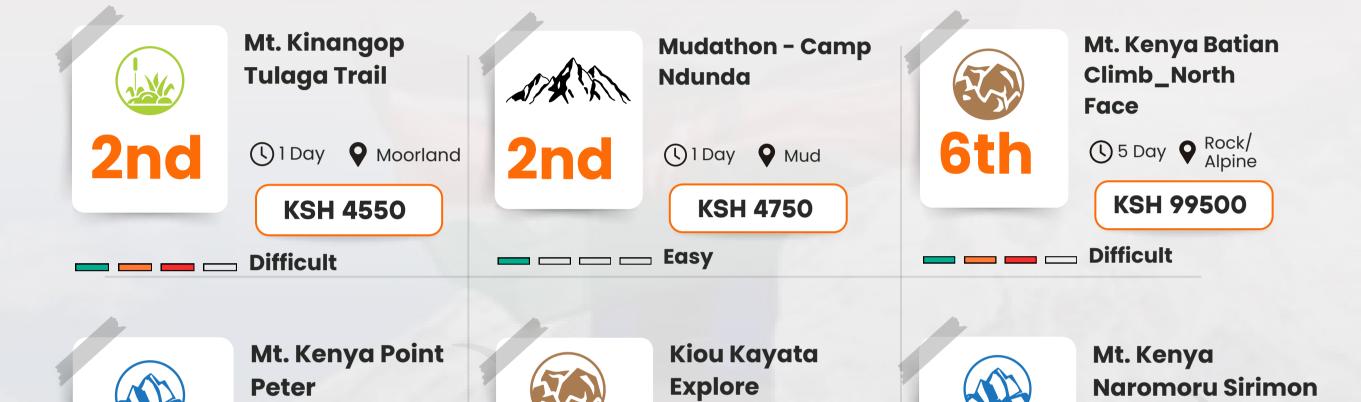


and Waterfall Chase

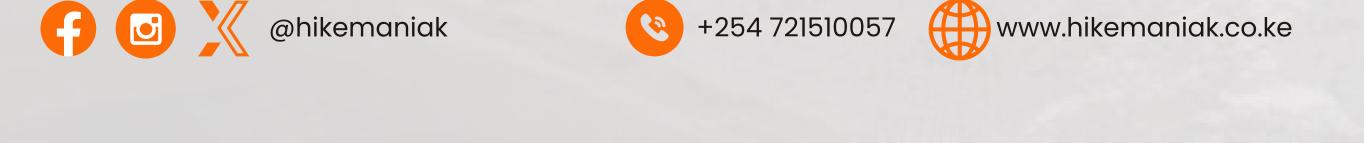


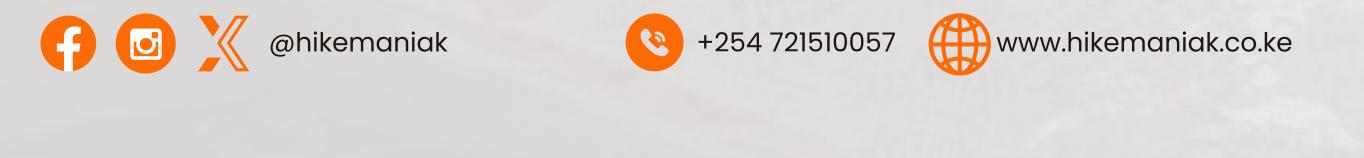


## AUGUS









	Kamachago Waterfall Chase		Kiplombe Hill hike Camp		
6th	<ul> <li>L 1 Day</li> <li>♥ Forest</li> <li>KSH 3450</li> </ul>	6th	<ul> <li>L 2 Day</li> <li>♥ Forest</li> <li>KSH 14500</li> </ul>		
Moderate			- Moderate		







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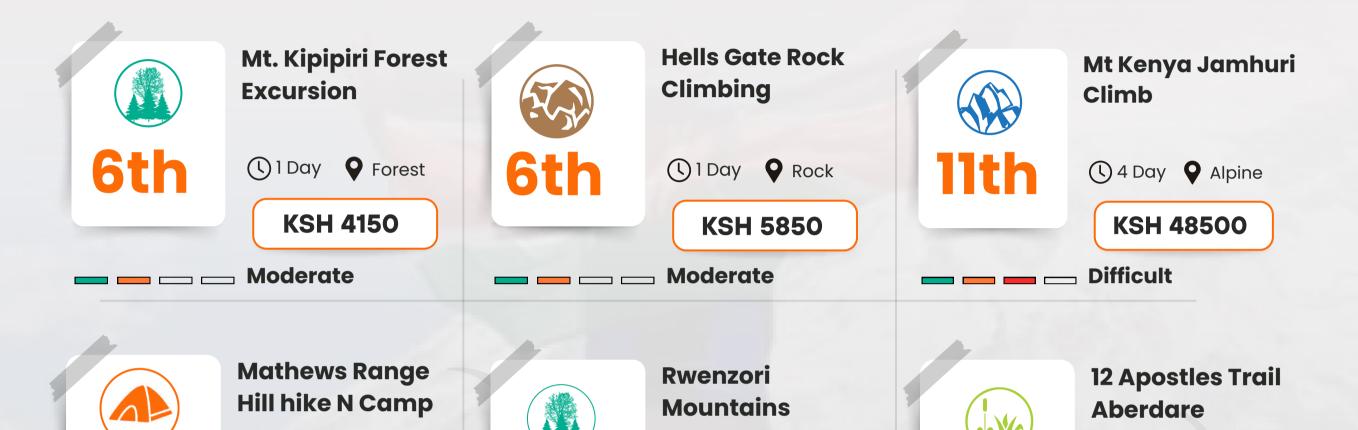
### Novembe







### Decembe









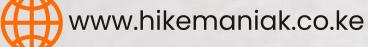
# HIKEMANIAK TRAIL STARTER PACK

1. Back pack 2. Waterproof hiking boots 3. Woolen socks

4. Hiking pants 5. Polyester shirt - Long sleeved 6.3 Liters water bottle – water bladder recommended 7. Wind jacket 8. Fleece jacket 9. Rain jacket / poncho 10. Hiking pole







# The second secon

- Comfortable waterproof hiking boots
- Gym / hiking pants (avoid jeans)
- Full sleeve polyester t-shirt (like football jerseys)
- Poncho or a light rain jacket
- Gloves
- Cap / hat
- Change of clothes after the hike
- Sunglasses
- Insect repellant

#### **EMERGENCY CHECKLIST**

- 1.Head Torch
- 2. Matchbox
- 3. Whistle
- 4. Evacuation cover details
- 5. Avoid unnecessary Items







#### 10 TIPS THAT WILL HELP ENJOY MOMENTS ON THE TRAIL

- 1. Hydrate; Keep hydrated not only during the trail but a few days before the hiking day.
- 2.Gear; Ensure you have the right gear i.e. a proper waterproof hiking boot, clothing and rain gear
- 3. Navigation; carry a compass or a gps device or/and a map of the trail
- 4. Food carry enough food to last you the trail and little extra in case of an emergency
- 5.Tell someone you have left home for your destination;6.Pack Light; Avoid carrying unnecessary items that may bog you down on the trail
- 7.Pace; Assume a comfortable pace on the trail and keep it, this will allow you to enjoy the trail more.
- 8. Carry evacuation details with you in case of an emergency, in addition carry a whistle, match box and head torch in case you are lost
- 9.Ensure when hiking in a group you are in sight and communication with other group members
- 10.And Finally embrace leave no trace Ethics; We must protect the places we love to hike in; carry your litter back home or to a designated trash point.









Due to differing country and county regulations, costs for residents and non-Residents are

different.

If you are a non resident, please contact us for specific costs.

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#### **Important Notice**

Terms and conditions apply for all our tour price-see details in the website.

Due to the turbulent economic time we are experiencing prices for all the tours are subject to change - the change will be communicated







